

2020 Remote Learning Plan
Physical Education

Students will be required to complete workouts at home provided by their instructors. Workouts will be provided on a daily basis with links to videos that will assist students should they need aid. Students will be required to login to their zoom meeting during the time they would have their class in order to receive their workout. At the conclusion of the class, students will report back to their instructor demonstrating evidence that the workout has been completed. Evidence may be in the form of a video, pictures, journals, etc.

Physical Education Instructors

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